

0 = Not true or hardly ever true 1 = Somewhat true or sometimes true  
2 = Very true or often true

18	When I get frightened, my heart beats fast.	0 1 2
19	I get shaky.	0 1 2
20	I have nightmares about something bad happening to me.	0 1 2
21	I worry about things working out for me.	0 1 2
22	When I get frightened, I sweat a lot.	0 1 2
23	I am a worrier.	0 1 2
24	I get really frightened for no reason at all.	0 1 2
25	I am afraid to be alone in the house.	0 1 2
26	It is hard for me to talk with people I don't know well.	0 1 2
27	When I get frightened, I feel like I am choking.	0 1 2
28	People tell me that I worry too much.	0 1 2
29	I do not like to be away from my family.	0 1 2
30	I am afraid of having anxiety (or panic) attacks.	0 1 2
31	I worry that something bad might happen to my parents.	0 1 2
32	I feel shy with people I don't know well.	0 1 2
33	I worry about what is going to happen in the future.	0 1 2
34	When I get frightened, I feel like throwing up.	0 1 2
35	I worry about how well I do things.	0 1 2
36	I am scared to go to school.	0 1 2
37	I worry about things that have already happened.	0 1 2
38	When I get frightened, I feel dizzy.	0 1 2
39	I feel nervous when I am with other children or adults and I have to do something while they watch me (for example: read aloud, speak, play a game, play a sport).	0 1 2
40	I feel nervous about going to parties, dances, or any place where there will be people that I don't know well.	0 1 2
41	I am shy.	0 1 2

*\*For children ages 8 to 11, it is recommended that the clinician explain all questions, or have the child answer the questionnaire sitting with an adult in case they have any questions.*

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