

# SKIPPING THE SCREEN TIME

“In an effort to direct the attention of our youth away from the screens and back into the present world around us, we’ve come up with everyday activity ideas for you. Whether it’s a rainy day, school break, or your average weekend, quality time is there waiting for all of us! We know how fast these kiddos grow up and childhood is too short to be absorbed by apps. So join us in putting down our phones, tablet, and controllers. Lets try something new!”

## CREATIVE INDOOR PLAY

- Puppet theatre
- Playdough
- Arts & crafts
- Building forts with boxes or blankets
- Scrapbooking (with older kids) print out some of your favorite family photos
- Let them mail letters to family and friends
- Creative music time



## CONSTRUCTIVE INDOOR PLAY

- Board games, encourage them to create their own even!
- Reading, yes this includes comic books too.
- Indoor scavenger hunt
- Cooking, ask them to help with a meal for the family, or you can be brave and have them create something new!
- Science projects
- Got siblings? Play play play!

## GETTING OUT OF THE HOUSE

- DISCOVERY VILLAGE – Gig Harbor
- HARBOR HISTORY MUSEUM- Gig Harbor
- JAVA & CLAY CAFÉ- Gig Harbor
- CHILDREN'S MUSEUM- Downtown Tacoma
- TACOMA ART MUSEUM- Downtown Tacoma
- TINKERTOPIA- Downtown Tacoma
- WA STATE HISTORY MUSEUM- Downtown Tacoma
- PUMP IT UP- Tacoma
- POINT DEFIANCE ZOO & AQUARIUM- Tacoma
- PIERCE COLLEGE SCIENCE DOME- Lakewood
- JOZEE ROOZ INDOOR PETTING ZOO- Spanaway
- WIGGLEWORKS- Puyallup
- THE LOCAL LIBRARY
- YMCA- Gig Harbor, Tacoma, Lakewood (requires membership)

Every listed location has a website you can visit to look up hours of operation, fees, and other great resources!



## GOING OUTSIDE

- Nature hike, even if it rains!
- Puddle jumping
- Scavenger hunt
- Tag / Hide & Seek
- Walking the dog
- Visit the many public parks we have at our disposal
- Nature photography (for the older kids) give them a camera and see what they can capture.
- Sports
- For those little ones still in strollers, join a mom’s walking group and hit the trails!